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Svarāntar Academy of Music

MUSIC THERAPY COURSE HANDBOOK



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About Svarāntar Academy of Music

Svarāntar Academy of Music is committed to promoting holistic wellness through the power of music. As a unique institution that combines music education with therapeutic practices, we offer a diverse range of programs designed to cultivate musical skills and enhance overall well-being. Our academy is proud to provide a nurturing environment where individuals can explore their musical interests, develop their talents, and experience the transformative effects of music therapy.

Introduction to Our Music Therapy Courses

Our music therapy courses are designed for those who are passionate about using music as a therapeutic tool to improve the lives of others. Whether you are new to the field or looking to expand your existing knowledge, our courses offer a comprehensive curriculum that covers both the foundational principles and advanced techniques of music therapy. With a strong emphasis on practical application, our programs provide tele-music therapy, hands-on experience and real-world training, preparing you to effectively use music therapy in various settings.

Through our courses, you will learn how to use music to address a range of physical, emotional, cognitive, and social needs, empowering you to make a positive impact in the lives of your clients. Our experienced and certified instructors will guide you every step of the way, ensuring that you gain the skills and confidence needed to succeed as a music therapist.



Mission

To equip individuals with the knowledge and skills to effectively use music therapy in enhancing well-being across diverse populations.

Vision

To become a leading, accessible, and affordable program in music therapy education, ensuring that anyone interested in learning the subject can do so, while offering services that are affordable to all in need. Our aim is to establish music therapy as a nationally and globally relevant discipline, impacting lives across diverse communities.



Advancing Music Therapy Education

Music therapy is a rapidly growing allied healthcare profession in India, recognized for its holistic approach to healing the body, mind, and soul. Though still in its nascent stage of development, music therapy is increasingly being embraced as a complementary therapy that aligns perfectly with integrative medicine approaches. Unlike traditional methods that focus solely on symptoms, integrative medicine treats the person as a whole, aiming for optimal health and healing. Music therapy complements mainstream medical treatments, offering a holistic approach to healthcare.

At Svarāntar Academy of Music, we are at the forefront of this field, offering comprehensive training programs that prepare students for clinical practice in various settings, such as hospitals, special education, rehabilitation centres, and NGOs etc.

Our curriculum integrates both the art and science of music therapy, providing students with the essential skills needed to excel. We are committed to building a strong foundation for those seeking advanced studies and impactful careers in this transformative field.



WHY CHOOSE US ?

Qualified Faculties with Specialized Expertise

Our instructors are not only trained musicians but also specialists in various fields of music therapy. Each faculty member brings unique skills and in-depth knowledge, ensuring a rich and diverse learning experience.

Comprehensive Curriculum

Our course structure is designed to provide a perfect balance of theoretical understanding and hands-on practical knowledge. You'll be equipped with the essential tools and techniques needed to practice music therapy confidently.

Affordable and Feasible

We believe in making education accessible. Our courses are reasonably priced and structured to fit your schedule, with flexible learning options that suit both working professionals and students.

Supervised Internship Opportunities

Upon completing the course, you'll have the opportunity to apply your skills in real-world settings. Our internship programs are conducted under expert supervision, ensuring you receive the guidance and experience needed for professional growth.



OUR FACULTIES

ANJU VIJAYAN is a qualified Medical Music Therapist and Social Worker with a robust academic and professional background. She holds an MSc in Medical Music Therapy from ISCM, SBV, and a Master's in Social Work from Rajagiri College of Social Sciences, Kochi. Anju also has a diploma in Carnatic Violin and is a trained Carnatic vocalist. Currently, she specializes in Trauma-Informed Music Therapy, focusing on helping individuals heal from trauma through music. Anju has extensive experience working across various medical populations and departments, including NICU, OBGYN, ENT, Cardiology, Nephrology, Pulmonary, and Psychiatry. Beyond hospital settings, she has also contributed her expertise to community environments, such as schools, where she worked with adolescents, and geriatric care in collaboration with Help Age India.

In addition to her clinical work, Anju has conducted multiple research projects in the field of life skills, further enriching her diverse and impactful career.



Faculty



Faculty

MADHURIMA BANERJEE is a skilled Indian classical violinist with an MSc in Medical Music Therapy from ISCM, Sri Balaji Vidyapeeth university. She holds bachelor's and master's degrees in Hindustani Classical Music (violin) and has performed on national stages, earning recognition and awards.

With over two years of experience, Madhurima has worked in various hospital departments, including OBGYN, Paediatrics, NICU, Orthopaedics, Ophthalmology, Neurosurgery with Neuro developmental medical conditions, and community health settings as well as with the population diagnosed with developmental delays.

She is passionate about facilitating group therapy sessions in different settings. Additionally, she is the Co-founder of Svarāntar Academy of Music, an international music learning platform that offers both online and offline music therapy sessions and online diploma courses.



Adjunct Faculty

Anuja Mhatre holds an MSc in Medical Music Therapy and a Bachelor's in Psychology, with certifications in Acoustic Guitar and Keyboard from Trinity College of Music, London. She works as a music therapist specializing in mental rehabilitation for clients with mental illness. In addition to her clinical practice, she is an Associate Professor at Shankar Mahadevan Academy and serves as a music educator for children with special needs.

Her extensive professional experience spans multiple medical departments, including OBGYN, Psychiatry, Neurosurgery, Nephrology, Pediatrics, NICU, Ophthalmology, and Cardiology. Anuja's research focuses on integrating music therapy into pregnancy and childbirth care.



WHO CAN JOIN

STUDENTS AND ASPIRING MUSICIANS

Music students,
Aspiring music therapists

GENERAL PUBLIC

Caregivers, parents, individuals
seeking personal growth

HEALTHCARE AND WELLNESS PROFESSIONALS

Nurses, doctors, mental health professionals, occupational therapists, physiotherapists

EDUCATORS

Special educators, school counsellors

MUSICIANS

Professional musicians, music teachers



ELIGIBILITY CRITERIA

EDUCATIONAL BACKGROUND

- **Minimum Requirement:** Completion of **Plus Two (12th Grade)** or equivalent.
- **Preferred Background:** A background in humanities/psychology/health sciences is advantageous but not mandatory.

MUSICAL SKILLS

- **Basic Musical Proficiency:** Applicants should have a basic understanding of music, such as the ability to play an instrument/have some experience in singing.
- **Musical Experience:** Prior formal or informal music training (e.g., music classes, self-taught musicianship) is preferred.

INTEREST IN THERAPY

- **Motivation:** A strong interest in using music as a therapeutic tool, with a desire to help others through music.
- **Prior Experience in Therapy:** While not mandatory, any previous experience in therapy, counseling, or caregiving is a plus



ELIGIBILITY CRITERIA

LANGUAGE PROFICIENCY

Language Skills: Proficiency in the language of instruction (English) is required for effective communication and understanding of course material.

AGE REQUIREMENT

- **Minimum Age:** 18 years and above.



COURSES OFFERED

- A CRASH COURSE IN MUSIC THERAPY FUNDAMENTALS
- ADVANCED MUSIC THERAPY PRACTITIONER DIPLOMA COURSE (AMTP)



Lateral Entry to Diploma Course

Upon successful completion of the **3-Month Crash Course in Music Therapy**, students will be eligible for **lateral entry** into the **6-Month Advanced Music Therapy Practitioner Diploma Course (AMTP)** within **one year**. This pathway provides an opportunity to continue your education and gain a deeper understanding of music therapy. By enrolling in the advanced diploma, you will acquire both theoretical knowledge and practical experience, culminating in a comprehensive qualification that prepares you to become a certified music therapy practitioner.

- Participants of the crash course who wish to transfer to the diploma course upon completing their 3-month program will be required to pay a "switch-over fee" of Rs. 3000/- (\$60 USD), in addition to the regular course fees.



COURSES DETAILS

A CRASH COURSE IN MUSIC THERAPY FUNDAMENTALS

Duration & Structure	Basic Curriculum	Assessments	Marks
Length: 3 months	Foundation of Music Therapy	Reflection Reports	Reflection Reports & Assignments: 10 Marks
Frequency: 2/3 classes per week	Psychological Perspective in Music Therapy	Role Play	Role Play: 20 Marks
Class Timings: To be discussed and finalized during the induction program based on batch preferences	Music Therapy Methods and Techniques	Assignments & Viva	Practical Demonstrations & Viva: 20 Marks



COURSES DETAILS

ADVANCED MUSIC THERAPY PRACTITIONER DIPLOMA COURSE (AMTP)

Duration & Structure	Additional subjects	Assessments	Marks
Length: 6 months	Physiological Perspective in Music Therapy	Reflection Reports	Reflection Reports & Assignments: 10 Marks
Frequency: 2/3 classes per week	Application of Music Therapy in Different Populations	Role Play	Role Play and Practical Demonstrations: 40 Marks
Class Timings: To be discussed and finalized during the induction program based on batch preferences	Assessment and Documentation in Music Therapy	Assignments & Viva	Viva & Written Exam: 50 Marks



COURSES FEES (INDIAN STUDENTS)

A Crash Course in Music Therapy Fundamentals

~~24,999₹~~

Early bird discount 25%

18,749₹

(inclusive of 18% GST)

Advanced Music Therapy Practitioner Diploma course (AMTP)

~~49,999₹~~

Early bird discount 40%

29,999₹

(inclusive of 18% GST)

- Students may proceed with the course payment once they receive confirmation from the administration that their application has been accepted.
- The fee for the proctored examination is Rs. 2500/- (inclusive of GST), payable at the time of the examination.
- The fee for rewriting the exam is Rs. 1000/- (inclusive of GST), payable prior to retaking the exam if you do not pass on the first attempt.



COURSES FEES (INTERNATIONAL STUDENTS)

**A Crash Course in Music Therapy
Fundamentals**

~~\$399~~

Early bird discount 25%

\$299

**Advanced Music Therapy Practitioner
Diploma course (AMTP)**

~~\$843~~

Early bird discount 40%

\$506

- Students may proceed with the course payment once they receive confirmation from the administration that their application has been accepted.
- The fee for the proctored examination is \$ 50, payable at the time of the examination.
- The fee for rewriting the exam is \$20 payable prior to retaking the exam if you do not pass on the first attempt.



Bank Particulars for effecting NEFT

Account Name: SVARANTAR ACADEMY OF MUSIC

Nature of account: Current account

Account number: 43279411367

IFSC Code: SBIN0001647

Bank Address: 485, RABINDRA SARANI, KOLKATA, WEST BENGAL



INTERNSHIP PROGRAM

Upon completing the Diploma in Music Therapy Practitioner course, candidates have the opportunity to apply for an internship to further develop their skills and gain practical experience in the field of music therapy.

ONLINE INTERNSHIP OPPORTUNITIES

Candidates can choose to undertake an online internship with Svarāntar Academy of Music. This internship offers a flexible, remote learning experience, allowing candidates to apply their knowledge in a controlled environment. Participants will engage in telemusic therapy sessions with clients provided by the academy, receiving guidance and mentorship from our certified music therapists. This hands-on experience will be integrated into the course to enhance practical skills and professional development.



OFFLINE INTERNSHIP PROGRAMS

Alternatively, candidates may opt for an offline internship at a local institution, such as palliative care centers, NGOs, rehabilitation centers, special schools, educational institutions (schools/colleges), old age homes, or counseling centers. Svarāntar Academy of Music will provide comprehensive supervision and maintain effective communication with the chosen institution to ensure a valuable learning experience. This hands-on approach allows candidates to gain real-world experience, develop their skills, and make a meaningful impact within their community.

Both internship options are designed to enhance the candidate's practical knowledge and professional development, ensuring they are well-prepared to pursue a career in music therapy.



COURSE REGULATIONS:

- **Course Availability:** The diploma course will only proceed if the minimum required number of students is met.
- **Programme Cancellation:** If the course is cancelled by the organizing institute, applicants will be informed promptly and will receive a full refund.
- **Refund and Transfer Policy:** No refunds will be issued if a participant chooses to withdraw after making the payment. The fees are non-transferable.
- **Payment:** Full payment of course fees is mandatory for both registration and participation. Fees will only be accepted through online transfer once the admission has been confirmed.
- **Limited Seats:** Seats for the course are limited, and admissions will be granted on a 'first-come, first-served' basis.



- **Application Submission:** The completed application form, along with scanned copies of required documents (educational certificates, ID, and a passport-sized photo), should be submitted in the Google form. Physical submission of the application via post or courier is not necessary.
- **Right to Admission:** The academy reserves the right to admit or reject any candidate for the course.
- **Attendance:** A minimum of 80% attendance is required in order to receive the course completion certificate.
- **Assignment Completion:** All assignments must be submitted as a prerequisite for appearing in the final exam and for receiving the certificate upon completion of the course.



CERTIFICATE

Upon successful completion of the course, Svarāntar Academy of Music awards a certificate for foundational training in music therapy. Students will be evaluated through both formative and summative assessments, ensuring comprehensive understanding and skill development. At the end of the 6-month Diploma course, students must complete an online examination to receive the Advanced Music Therapy Practitioner (AMTP) certificate.

Examination Opportunities:

Students who do not clear the AMTP online exam on their first attempt will be given two additional opportunities to pass. After three unsuccessful attempts, they will not be eligible for certification.

Eligibility for Advanced Diploma:

Students without a bachelor's degree who complete the 3 months Crash course cannot progress directly to the Advanced Diploma. They will need to complete their bachelor's degree first and then enroll separately for the Advanced Diploma course.



Explore Our Syllabus

To ensure you have a comprehensive understanding of what each course entails, we have provided detailed syllabi for all our music therapy programs. These documents outline the specific topics, and learning objectives that will be covered, giving you a clear view of your educational journey with us.



CONCLUSION

At **Svarāntar Academy of Music**, we are dedicated to advancing the field of music therapy through comprehensive education, innovative practices, and hands-on experience. Our courses are designed to empower students with both the theoretical knowledge and practical skills necessary to become effective music therapy practitioners.

Whether through our crash courses, diploma programs, or internships, we aim to foster a community of compassionate, skilled professionals who are equipped to use music as a powerful tool for healing and transformation.

We invite you to join us on this journey to explore the profound impact of music therapy. Together, we can make a difference in the lives of those we serve, one note at a time.

Thank you for choosing Svarāntar Academy of Music. We look forward to supporting your growth and success in the rewarding field of music therapy.



Svarāntar Academy of Music

THANK YOU

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